

<b>FOOD FOR LIFE STARTER - SCOUTCRAFT BADGE</b>	Badge Introduced: <b>March 2008</b>	Requirements Reviewed:
---	--	------------------------

*Small outline of this badge.*

**Note:** By the completion of this stage the Scout should be able to prepare soil, grow and harvest a crop of one type of vegetable or fruit for his/her family.



### **Requirements**

	<u>Date Passed</u>	<u>Signed</u>
1.a If the Scout held the Food for Life Starter badge as Cub he/she needs to do the following: i. Explain the contents of the badge to the examiner; and ii. Demonstrate one of the requirements		1
<b>OR</b>		
1.b Explain what the best place and size for a food garden are.		1
2. Obtain or make garden tools and explain how to use and look after them (rake, spade and watering can)		2
3. Prepare the soil, including mulching		3
4. Sow seeds or plant seedlings.		4
5. Explain how to use water sparingly.		5
6. Harvest one vegetable or fruit		6
7. Explain why vegetables and fruit should be eaten (nutrition).		7

**Note:** Container gardening is also acceptable